

Sermon Don't Fret but Trust in the Lord Ps 37: 1-9

Main point- Those who trust in the LORD must cease from fretting.

POINT 1 The Fruit of Fretting

envy, anger, and wrath → it tends *only* to evil.

Point 2 The Root of Fretting

trusting yourself...

Point 3 The Solution to Fretting

trusting in the LORD

the LORD– YAWEH → God Almighty. trust in **the LORD**, delight yourself **the LORD**, commit your way to **the LORD**, be still before **the LORD**.

Application

1. Grow in your knowledge of the LORD.

Alphabet attributes - Over and over/ use with the noted passages/
incorporate into your prayers, conversations, counsel, devotions.
Meditate on them. Journal about them.

Connect them your daily life: ONE bit of truth to ONE bit of life.

2. Focus on one specific area of that cause you to fret, be anxious and worry.

Connect one attribute to your daily life:
ONE bit of truth to ONE bit of life.

Alphabet Attributes → over

A-
Author of our faith Heb 12:2 2 fixing our eyes on Jesus, the author and perfecter of our faith

B-
Blessed- 1 Tim 6:15—He who is the blessed and only Sovereign, the King of kings and Lord of lords

C-
Comforter- 2 Corinthians 1:3-4a Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction.

D-
Deliverer - Psalm 18:2 The LORD is my rock and my fortress and my deliverer, my God, my rock, in whom I take refuge.

E-
Everlasting Psalm 90:2 Before the mountains were brought forth, or ever you had formed the earth and the world, from everlasting to everlasting you are God.

F-
Faithful -1 Cor 1:9 God is faithful, by whom you were called into the fellowship of his Son, Jesus Christ our Lord.

G-
Good- Ps 118:1 Oh give thanks to the LORD, for he is good; for his steadfast love endures forever!

H-
Helper- Psalm 54:4 Behold, God is my helper. Ps 28:7, Ps 121:1-2. Ps 46:1

I-
Immanuel- Matt 1:23 “Behold, the virgin shall conceive and bear a son, and they shall call his name Immanuel”- which means, God with us.

J-
Joy- Isaiah 62:5b As the bridegroom rejoices over the bride, your God rejoices over you.

K-
King- Ps 95:3 For the LORD is a great God, and a great King above all gods.

L-
Loving - Ps 103:11 For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him;

M-
Merciful-Psalm 103:8 The LORD is merciful and gracious, slow to anger and abounding in steadfast love.

N-
Never leave me, never forsake me- Hebrews 13:5 He has said, “I will never leave you nor forsake you.”

O-
Omniscient -Is 46:9b-10 I am God, and there is none like me, declaring the end from the beginning and from ancient times things not yet done saying, ‘My counsel shall stand, and I will accomplish all my purpose,’

P-
Present- Is 41:20 Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.
Ps 34:18, 46:1

R-
Redeemer-Job 19:25 For I know that my Redeemer lives, and at the last He will stand upon the earth.
Ps 19:14 ps 78:35

S-
Sovereign - Psalm 103:19 The LORD has established his throne in the heavens, and his kingdom rules over all.
Ps 115:1 Heb 2:8-9

T-
Trustworthy-Isaiah 26:4 Trust in the LORD forever, for the LORD GOD is an everlasting rock. Ps 37:3

U-
Unchanging - Hebrews 13:8 Jesus Christ is the same yesterday and today and forever.

V-
Victorious-Deuteronomy 20:4 For the LORD your God is he who goes with you to fight for you against your enemies, to give you the victory.

W-
Wise-Rom 11:33
Oh, the depth of the riches and wisdom and knowledge of God! How unsearchable are his judgments and how inscrutable his ways