

Mark 2:23-28

Man Made Rules vs. God Made Plans

Parallel Passages:

- Matthew 12:1-8
- Luke 6: 1-5

1. _____: Man made _____

- Exodus 20:8-11
- Genesis 1:1-2-3
- Exodus 31:14-15
- Numbers 15:32-36
- Deuteronomy 23:24-25
- Exodus 34:21
- 1 Samuel 21:1-6
- Daniel 7:13

2. _____: God designed _____

- Colossians 2:16-17
- Colossians 2:21-23
- Matthew 5:17
- Romans 14:5-6
- Hebrews 12:1-2

Sabbath Principles:

1. *Do Something*
2. *Do it Regularly*
3. *Do it with a focus on Christ*
4. *Do nothing (well, sorta)*

Because Jesus knows and desires what is best for me, I will _____